

Westbrook Senior Center Management Committee

Regular Meeting Minutes

January 2, 2019

Members Present: Lucile Spanilo, Chairman, Ray Gaudet, Gary Gavigan,  
Alberta Wininger, Phyllis Grandberg and Courtney Burks.

- I. Meeting Called to order by Chairman Lucile Spanilo at 1:08 p.m.
- II. Moved by Gary Gavigan, seconded by Ray Gaudet to approved minutes of October. We had no meeting in November or December
- III. Reports
  - a. Director's Reports  
Attendance in December 2018 was 475. The Senior Center has seen a 7% monthly increase in attendance since July. A program called Happy Feet a free exercise program funded by CareCo will continue to be held at WSC. It is scheduled for the 2<sup>nd</sup> and 4<sup>th</sup> Monday of every month  
PROGRAMS:  
Happy Feet Exercise program  
1/9 Getting Smart(er) about Health Care Programs-Health Care 101-Presented by Universal HealthCare Foundation of Connecticut 1:00 pm  
1/14/19 "Ask the Pharmacist" 11:00 am (medicine side effect)  
1/14/19 Happy Feet 11:30am  
1/21/19 Senior Center (Closed)  
1/28/19 Happy Feet 11:00am
- IV. New Business  
  
Panic Alarm was tested and still a work in the process.
- V. Old Business  
  
None  
  
Public Comments : None
- VI. Adjournment  
  
Moved to adjourn at 1:37p.m. By Ray Gaudet and seconded by Phyllis Grandberg.

Respectfully submitted

Alberta Wininger, secretary